SAMPLE SIZE DETERMINATION PROCEDURES IN CLINICAL TRIALS: A COMPARATIVE ANALYSIS FOR RELIABLE AND VALID RESEARCH RESULTS

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Abstract

Accurate sample size determination is paramount in clinical trials assuring the consistency and validity of research studies. This comparative analysis delves into the various procedures employed for sample size estimation in clinical trials and assesses their effectiveness in producing reliable results. By numerous formulaes and methods, this study seeks to identify best practices for optimizing sample sizes, thereby enhancing the statistical power of clinical trials. This research paper aims to conduct a comparative analysis of different formulae commonly employed in determining sample sizes evaluating their strengths, limitations, and applicability across various research scenarios. Several formulae have been considered with varying parameters, and the sample size was calculated and presented in different graphs.

Keywords: Sample Size, Population estimation, Sensitivity, Specificity, Experimental design

1. Introduction

Sample size refers to the volume of observations, units, or individuals included in a study, and the Sample size is a crucial step while doing experiments like Small-scale experiments, large-scale experiments, pilot studies, clinical trials, etc. A large sample size gives accurate and reliable outcomes and boosts statistical test precision. The test can detect an actual effect. We need to consider some important components in finding the exact sample size, including population size, variability of the data, desired level of precision, confidence level, research objectives, types of data, and analysis and resources available. Generally, a larger population indicates the least variability in the data. So, if the population is large, the sample should also be large to give the desired level of accuracy. The spread of the data points increases with the degree of data dispersion. To eradicate the problem of variability we have to use appropriate Statistical techniques. The level of precision specifies the closeness of the

sample estimate and population estimate. In this process, the discrepancy between the sample and the actual population is referred to as the sampling error. We can add or subtract 3% from the value in a survey if the sampling error is ±3%. For instance, 77% of students in a district get distinction marks in an exam, we can say, that between 74% and 80% of students get distinction marks. The reliability level tells us the probability that the target population parameters fall inside a scope of values. It is expressed in percentages like 90%, 95%, or 99%. The greater level of certainty in the results depends on a higher confidence level. Proper Research objectives should be defined clearly. The type of data and analysisare important aspects in the selection of a sample. The study also heavily weighs resources like personnel, money, and time. Therefore, it is crucial to use the resources at our disposal to achieve the appropriate degree of accuracy in our outcomes.

The sample size is considered an important factor when designing experiments or conducting clinical trials. Here few authors expressed their views in the nail down the difficulty of the preference of sampling size in the medical field. Halperinet al. [11] and Brown et al. [2] by utilizing the values of alpha and beta errors, found the size of a sample. Morse [21] described which factors need to be considered in the determination of sample size. Lenth [20] clearly described different aspects that lead to findinganappropriate sample size and he studied the power of a test of hypothesis to identifyaneffective sample size. Tatiana [34] explained the importance of the selection of samples and provided books to estimate study sizes like Fliess and Bland, and also provided software programs like EpiInfo and nQuery. Eng [8] elaborated on the essentiality of sample size, how to minimize sample size, and parameters that need to be considered and provided sample size formulas for comparative along with descriptive studies. Sakpal [31] calculated sample size by comparing two proportions and two means and gave basic rules for estimating sample size. Rohrig et al. [30] compared two drugsusing a t-test and explained the sample size principles, which require the power and rejection region of the statistical test. Ahmad et al. [1] suggested formulas for single and two ratios and took one instance from medical research to find an adequate sample size. Further, several authors have contributed towards the sample size determination size such as Lachenbruch [19], Obuchowski [26], Wittes [35], Whitley and Ball [36], Williamson [37], Pezeshk [27], Julius and Patterson [17], Chadha [5], Brutti et al. [3], Hertzog [12], Willan and Kowgier [38], Charles et al. [6]. Prajapati et al. [28], Mason, M. [22], Hajian-Tilaki [13], Burmeister and Aitken [4], Pourhoseingholi et al. [29], Hajian-Tilaki [15], Juneja and Sharma [18], Sami et al. [33], Negida et al. [23], Greene [10], Nanjundeswaraswamy and Divakar [25]. Hayat [14] and Singh and Masuku [32] clearly explained the significance of sample size and interpreted the key concepts involved in the establishment of sample size. Charan and Biswas [7] rationalized the effectiveness of sample size and provided information on different methods of sample size calculations for different studies and gave formulas accordingly. Negida [24] justified the sample size calculation in clinical studies by applying a software called StatsDirect to identify sample size using a correlation coefficient between two variables. We go through in detail of the following research papers.

In this paper, we have comprised several ways to estimate the sample size for any study. Glenn D. Israel [9] explained the criteria for concluding the sample size, which is affected by factors like thestudy's objective, population size, the problem of choosing an inappropriate sample, and Bias in sampling. He reviewed the accuracy, confidence, and variability levelsbriefly, which are very important points in judging the sample size. It also explains different proposals for resolving sample size issues.

2. Different approaches for estimation

The formula for computing a sample for ratios (Cochran1963:75)

$$n_0 = \frac{Z^2 pq}{e^2} \tag{1}$$

where,

 $n_0 = sample size$ Z² = Normal curves abscissa p = Estimated prevalence rate q = 1- estimated prevalence rate

The Finite population correction for ratios is

$$n = \frac{n_0}{1 + \frac{n_0 - 1}{N}}$$
(2)

Also, the Simplified formula for ratios (Yamane 1967:886):

$$n = \frac{N}{1 + N(e)^2} \tag{3}$$

where,

n = sample number

N = Population count

e = Level of accuracy

Furthermore, the sample size formula for the mean is

$$n_0 = \frac{Z^2 \sigma^2}{e^2} \tag{4}$$

where,

 σ^2 = variance of an attribute in the population

The following table 1 presents the sample size estimation at different values of related parameters namely sample proportions, the finite population correction, the streamlined formula for proportions, and samples for the mean, sample size estimate is performed for various values of the unknowns.

0.99 0.93 0.88 0.85 0.77 0.73 0.69 0.63 0.61 0.59 0.56 0.54 0.49 0.5 0.46 p 0.01 0.07 0.12 0.15 0.23 0.27 0.31 0.37 0.39 0.41 0.44 0.54 0.51 0.5 0.46 q 15 100 162 196 272 303 329 358 366 372 379 382 382 384 384 N1 N2 14 83 134 164 224 252 277 304 315 324 333 339 349 357 361 750 Ν 250 500 1000 1250 1500 1750 2000 2250 2500 2750 3000 4000 5000 6000 222 261 286 303 333 340 370 375 N3 154 316 326 345 349 353 364 $\sigma^{\overline{2}}$

0.61

572

Table 1: Sample size estimation at different values of related parameters

0.68

711

0.71

775

0.77

911

0.80

983

0.84

1084

0.90

1245

0.96

1416

0.99

1506

Where, N = Population count

0.37

210

0.41

258

0.49

369

0.53

432

0.59

535

0.3

138

N4

p = estimated proportion of an attribute q = 1 - pN₁ = Sample for ratios

 N_2 = finite population correction for ratios

N₃ = stream lined formula for proportions

 N_4 = Sample for the mean

Baoliang Zhong [39] explained the sample size assessment in a Randomized controlled trial (RCT). The gold standard for establishing whether a treatment has a meaningful impact is to analyze the results of two groups using RCT. In RCT design, he explained four statistical conceptions, including H_0 and H_1 , size of the critical region, and False negative. The Table 2 presents several formulae for dichotomous and continuous variable behaviour.

	Dichotomous variable	Continuous variable	
Non – inferiority design*	$N = 2 \times \left[\frac{Z_{1-\alpha} + Z_{1-\beta}}{\gamma_0}\right]^2 \times t \ (1-t)$	$N = 2 \times \left[\frac{Z_{1-\alpha} + Z_{1-\beta}}{\gamma_0}\right]^2 \times s^2$	
Equivalence design**	$N = 2 \times \left[\frac{Z_{1-\frac{\alpha}{2}} + Z_{1-\beta}}{\gamma_0} \right]^2 \times t \ (1-t)$	$N = 2 \times \left[\frac{Z_{1-\frac{\alpha}{2}} + Z_{1-\beta}}{\gamma_0} \right]^2 \times s^2$	
Statistical superiority design***	$N = \frac{1}{2} \times \left[\frac{\frac{Z_{\alpha}}{2} + Z_{\beta}}{\frac{1}{\arcsin \sqrt{t} - \arcsin \sqrt{t_0}}} \right]^2$	$N = 2 \times \left[\frac{Z_{1-\frac{\alpha}{2}} + Z_{1-\beta}}{\gamma}\right]^2 \times s^2$	
Clinical superiority design****	$N = 2 \times \left[\frac{Z_{1-\alpha} + Z_{1-\beta}}{d - \gamma_0}\right]^2 \times t \ (1-t)$	$N = 2 \times \left[\frac{Z_{1-\alpha} + Z_{1-\beta}}{\gamma - \gamma_0} \right]^2 \times s^2$	

Table 2: Basic General formulae for sample size calculation are as follows

Where,

N represents the size per group

t represents the response rate of the control group receiving the standard treatment

to represents the response rate of the experiment group receiving the new drug treatment

d signifies the actual difference between the treatment effects of the two groups

 γ refers to the clinically acceptable margin for non inferiority, equivalence or superiority

 γ_0 represents a pre determined clinically acceptable margin

S² represents the pooled standard deviation of the comparison groups

*Non-inferiority design aims to prove that a novel treatment or intervention is not significantly inferior to an established standard treatment by a pre-determined margin.

**It states that within a pre-determined margin of difference, an equivalence design in RCT seeks to express that a novel treatment or intervention is equally effective to a recognized standard treatment.

It is used when we need to demonstrate that the new therapy is more effective than currently available treatments or no treatment at all and in order to support regulatory approval of the new intervention and to direct clinical practice, superiority trial findings are used. *it is a study designed in RCT where the mainaim is to express that one intervention is better than another in clinical outcomes.

We may have the response variable as binary variable and in such situations the sample size can be calculated for several response rates is presented in Table 3 by assuming some values of the parameters. However when the response variable is continuous in nature the sample size can be calculated for different response rates is presented in Table 4 for several population sizes.

t	1-t	t_0	N1	N2	N3	N4
0.4	0.6	0.58	82	105	143	607
0.45	0.55	0.6	85	108	232	626
0.47	0.53	0.63	86	109	220	630
0.48	0.52	0.66	86	109	184	632
0.49	0.51	0.68	86	109	173	632
0.52	0.48	0.7	86	109	208	632
0.54	0.46	0.72	85	108	220	629
0.57	0.43	0.75	84	107	240	620
0.59	0.41	0.79	83	105	211	612
0.9	0.1	0.8	31	39	1304	228

Table 3: Sample size calculations for different response rates when the outcome measure is a dichotomous variable

Table 4: Sample size calculations for different response rates when the outcome measure is a continuous variable

S^2	N1	N2	N3	N4
36	112	142	63	446
49	152	193	86	608
64	198	252	112	794
81	251	319	142	1004
100	310	393	175	1240
121	375	476	212	1500

Here,

t represents the response rate of the reference treatment group

to denotes the response rate of the experimental group

S² represents the pooled standard deviation of the comparison groups

N1 represents the sample size for the non inferiority study design

N₂ represents the sample size for the equivalence study design

N₃ represents the sample size for the statistical study design

N4 represents the sample size for the clinical superiority study design

Helio Amante Miot [16] explained how to assess the alpha level of the estimate, the utmost acceptable sample error (in units of the average value), and the population standard deviation of the quantitative variable (discrete or continuous) in order to characterize the population estimates. One should ascertain the population frequency of the variable outcomes, the alpha level of the estimate, and the utmost acceptable sample error to characterize the population estimate represented by a categorical variable. Sample size considerations should be made for the percentage of each category that makes up a qualitative variable when it is not dichotomous. This subgroup's performance should be considered as the population estimate when the variable's population standard deviation or

frequency is unclear and the literature does not contain comparable data. A population's quantitative and qualitative characteristics can be described using formulas for sample sizing as

2.1 Quantitative variable

For infinite population,

$$n = \left(\frac{(Z_{\frac{\alpha}{2}}) \times \delta}{E}\right)^2 \tag{5}$$

For finite population,

$$n = \frac{N * \delta^2 * \left(Z_{\frac{\alpha}{2}}\right)^2}{(N-1) * E^2 + \left(\delta * Z_{\frac{\alpha}{2}}\right)^2}$$
(6)

where,

n = sample number *N* = finite population size δ = population standard deviation of the variable $Z_{\frac{\alpha}{2}}$ = value of error α E = standard error

2.2 Qualitative variable

For infinite population,

$$n = \left(\frac{(Z_{\frac{\alpha}{2}}) \times \sqrt{pq}}{E}\right)^2 \tag{7}$$

For finite population,

$$n = \frac{N * pq * \left(Z_{\frac{\alpha}{2}}\right)^2}{(N-1) * E^2 + pq\left(Z_{\frac{\alpha}{2}}\right)^2}$$
(8)

where,

p = ratio of desirable outcomes of the variable in a population
q = ratio of undesirable outcomes in a population

2.3 Formulae for sample sizing to evaluate two groups

The formulae for sample sizing to evaluate two groups based on quantitative and qualitative variables and according to the pairing of cases are obtained as

For Numeric variables: In case of independent sample, we have

$$n = (S_a^2 + S_b^2) * \left(\frac{Z_{\frac{\alpha}{2}} + Z_{\beta}}{d}\right)^2$$
(9)

And for dependent sample,

$$nP = \left(\frac{Z_{\frac{\alpha}{2}} + Z_{\beta} * sd}{\overline{D}}\right) \tag{10}$$

Where,

Np = number of pairs

 Z_{β} = value of error β

d = minimum difference between the average values

 $Sa^2 \& Sb^2$ = standard deviation of variable in each group

sd = standard deviation of dissimilarity within paired observations

 \overline{D} = average value of the dissimilarity with the paired observations

For Qualitative variable: In case of qualitative variable with non-paired sample,

$$n = (p_1 q_1 + p_2 q_2) * \left(\frac{Z_{\frac{\alpha}{2}} + Z_{\beta}}{p_1 - p_2}\right)^2$$
(11)

And for paired sample we have,

$$nP = \left(\frac{\frac{Z_{\alpha} + 2Z_{\beta} * p_a * q_a}{2}}{4* p_d * (p_a - 0.5)^2}\right)^2$$
(12)

where,

 p_1 and p_2 represents the ratio of desirable outcomes in subgroups 1 and 2 respectively q_1 and q_2 represents the ratio of undesirable outcomes in subgroups 1 and 2 respectively p_a = ratio of unrelated pairs of group 1 q_a = ratio of unrelated pairs of group 1

p_d = the two group's sum of the ratio of unrelated pairs

2.4 Quantitative variables with linear correlation

The sample-size formula for quantitative variables with linear correlation is given by

$$n = 4 + \left(\frac{Z_{\frac{\alpha}{2}} + Z_{\beta}}{0.5 * \ln\left(\frac{1+r}{1-r}\right)}\right)^2 \tag{13}$$

Where

r = represents the linear correlation coefficient

2.5 Sample size based on sensitivity and specificity

Zaidi *et al.* [40] have done a comprehensive study on estimating the sample size of diagnostic studies in health sciences and concluded that Sensitivity and specificity are two effective measures used in diagnostic testing and statistical analysis.

Sensitivity depicts a diagnostic test's capacity to accurately recognize people who have the condition it is planned to diagnose. In other words, it calculates the percentage of people who are truly positive for the disease out of all those who have the condition. A test with high sensitivity will have a low incidence of false negative results, making it unlikelythat those with the condition will go undiagnosed. A sensitivity rating of 100% would be ideal.

The capability of a diagnostic test to accurately identify individuals who do not possess the disease being tested for is measured by the term "specificity." In other terms, it counts the percentage of people who are truly negative about the condition. People who do not have the disease are unlikely to receive a false diagnosis when a test has a high specificity because of its low rate of false positives. A precision rating of 100% would be ideal.

The Various measures of diagnostic accuracy are

Sensitivit y =
$$\frac{(\text{True Positive})}{(\text{True Positive} + \text{False Negative})} *100$$
 (14)

$$Specificit y = \frac{(True Negative)}{(True Negative + False Positive)} *100$$
(15)

Positive Predicative Values =
$$\frac{(\text{True Positive})}{(\text{True Positive} + \text{False Positive})} *100$$
 (16)

Negative Predicative Values =
$$\frac{(\text{True Negative})}{(\text{True Negative} + \text{False Negative})} *100$$
(17)

where,

True Positive (TP) cases are those where a test has accurately identified them as positive, indicating that the patient has the disease and the test has done its job.

The number of cases in which a test accurately identified them as negative while the patient did not have the disease is referred to as "True Negative" (TN).

False Positive (FP) cases are instances where a test result was incorrectly reported as positive even though the patient did not actually have the illness.

False Negative (FN) cases are those in which a test incorrectly reports a result as negative despite the fact that the patient actually has the illness.

The measurement of diagnostic effectiveness is given as

Accuracy =
$$\frac{\text{TP} + \text{TN}}{\text{TP} + \text{TN} + \text{FP} + \text{FN}} \times 100$$
 (18)

In a particular population, prevalence denotes the count (percentage) of cases of disease present in that population. It is given by the following formula

$$P(\text{percentage}) = \frac{\text{Number of cases of disease}}{\text{Total number of Population}}$$
(19)

So, the formula for sensitivity and specificity of sample size are expressed as,

Based on sensitivity, sample size (n) is given by

$$n = \frac{Z_{1-\frac{\alpha}{2}}^2 * S_N * (1-S_N)}{L^2 * \text{Prevalence}}$$
(20)

Based on specificity, sample size (n) is given by

$$n = \frac{Z_{1-\frac{\alpha}{2}}^{2} * S_{P} * (1-S_{P})}{L^{2} * (1-\text{Prevalence})}$$
(21)

Where

n = requisite sample size S_N = expected sensitivit y S_P = expected specificit y α = Type1 error rate $Z_{1-\frac{\alpha}{2}}$ = Normalized value L = Exact accuracy

3. Graphical representation

Incorporating the findings from our comparative analysis into the practical realm of clinical trials holds significant promise. Researchers and practitioners can leverage this knowledge to refine their study designs, ensuring that sample sizes align with research goals and statistical power requirements. Our research also emphasizes the importance of transparent reporting, promorting credibility in the scientific community. By embracing these applications, we can evaluate the quality of clinical trials and in turn, contribute to more reliable and valid research outcomes. Using the above several formulae in different circumstances we estimated the sample size using different parameters and the same has been presented in graphs as follows:

3.1 Correlation and Regression



Fig 1: Correlation: Bivariate normal model for exact distribution



Fig 2: t tests Correlation: Point biserial model



Fig 3: *Z* test correlations : Two dependent Pearson r's (common index)



Fig 4: Z test-Correlations: two independent Pearson r's



Fig 5: t tests-Linear bivariate regression: One group, size of slope



Fig 6: t tests-Linear bivariate regression: two groups, difference between slopes



Fig 7: F tests-Linear multiple regression: Fixed model, R² increase



Fig 8: t tests-Linear multiple regression: Fixed model, single regression coefficient



Fig 9: Exact-Linear multiple regression: Random model



Fig 10: Z tests-Logistic regression



Fig 11: Z tests-Poisson regression

3.2 Means



Fig 12: t tests-Means: Difference from constant (One sample case)

ſ		lr			
	critical t = 1.68033	Input:	Tail(s)	=	One
			Parent distribution	=	Normal
			Effect size d	=	0.5
			α err prob	=	0.05
			Power (1-β err prob)	=	0.95
		Output:	Non centrality parameter δ	=	3.3496901
	οι β χ΄ ο ι		Critical t	=	1.6803274
	V V V		Df	=	43.8816940
			Total sample size	=	47
	-2 0 2 4 6		Actual power	=	0.9507851
1		P			

Fig 13: *t tests-Means: Wilcoxon signed-rank test (One sample case)*



Fig 14: t tests-Means: Difference between two dependent means (matched pairs)



Fig 15: t tests-Means: Wilcoxon signed-rank test(matched pairs)



Fig 16: *t tests-Means: Difference between two independent means (two groups)*



Fig 17: t tests-Means: Wilcoxon-Mann-Whitney test (two groups)



Fig 18: F tests-ANCOVA: Fixed effects, main effects and interactions



Fig 19: F tests-ANOVA: Fixed effects, omnibus, one-way



Fig 20: t tests-Means: Wilcoxon-Mann-Whitney test (two groups)



Fig 21: F tests-ANOVA: Fixed effects, special, main effects and interactions



Fig 22: F tests-ANOVA: Repeated measures, between factors



Fig 23: F tests-MANOVA: Repeated measures, between factors



Fig 24: F tests-ANOVA: Repeated measures, within factors

	Input:	Effect size f	= 0.25
critical F = 2,73554		α err prob	= 0.05
ΙΛ.		Power (1-β err prob)	= 0.95
06-		Number of groups	= 2
W.U		Number of measurements	= 4
		Corr among rep measures	= 0
0.4	Output:	Noncentrality parameter λ	= 18.5000000
		Critical F	= 2.7355415
		Numerator df	= 3.0000000
		Denominator df	= 70.0000000
P Jul		Total sample size	= 74
		Actual power	= 0.9536728
0 2 4 6 8 10 12 14 16 18		Pillai V	= 0.2000000

Fig 25: F tests-MANOVA: Repeated measures, within factors

The above sample size estimation in clinical trials has been done using different formulae at different situations and graphs have been drawn accordingly such as for correlation and regression, we need to know some given information such as level of significance, power of test and correlation coefficient under null and alternative hypothesis. Once the information is available we can substitute the available information in the formula and estimate the sample size along with actual power and lower

and upper critical value of correlation coefficient. Further, we can plot the same information in a graph such as given in Fig. 1 to Fig. 11. We can proceed in same passion for non-parametric tests too. The same can be concluded for Means, Proportions, Variance, and Generic etc. The Fig 1 to Fig. 11 presents the sample size estimation in graph for the data set concerning about the correlation and regression however if the concentration is on the mean the sample size graphs using the means are presented from Fig. 12 to 25 which is actually one of the mostly used statistic for the estimation of sample size. Thus, we can observe the behaviour of the sample size along with rest related parameters which is shows in the graphs from Fig. 1 to Fig. 25 for several characteristics of the study under consideration.

4. Conclusion

The comparative analysis of sample size determination procedures in clinical trials has shed light on the critical importance of this process in ensuring the reliability and validity of research results. It describes how choosing the right sample size based on the study's design and metrics may be done by researchers. It also offers advice on the data needed when requesting professional advice on evaluatingsample size in clinical trials. It is often recommended to presume that the sensitivity and specificity of the reference test are not exactly known when evaluating a novel diagnostic test. As a result, estimating them using the available methodologies is recommended. Unfortunately, sample size estimates for diagnostic investigations are infrequently disclosed by clinical investigators, and many doctors are ignorant of their significance. Instead, researchers frequently choose the sample size randomly, either out of convenience or in reliance on prior research. The precise interests of the researcher will ultimately determine the final sample size. Separate sample sizes should be chosen for each sensitivity and specificity if they are both equally crucial. The ultimate sample size would then be computed by selecting the greater of the two sample sizes. In instances where the researcher values sensitivity over specificity, the sample size would be determined solely by sensitivity. It is standard procedure for researchers to raise the sample size by 10% for the sake of accommodating people whoareunreachable.

Furthermore, the sample size is frequently raised by 30% to account for non-response. In order to get the appropriate degree of confidence and precision, more surveys or scheduled interviews may be conducted than is necessary. It follows that the determination of sample size in clinical trialsdepends upon the issue being addressed.

Ultimately, this research serves as a call to action for researchers, clinicians and educators alike. It emphasizes the imperative of elevating the discourse on sample size determination, promoting transparency and enhancing the quality of clinical trials to ensure that the research outcomes we generate can be trusted and applied to improve patient care and advance medical knowledge.

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